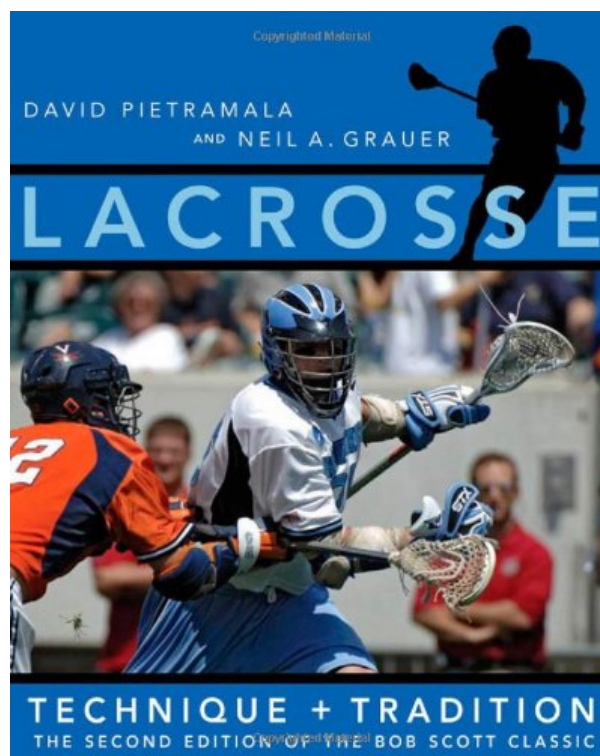
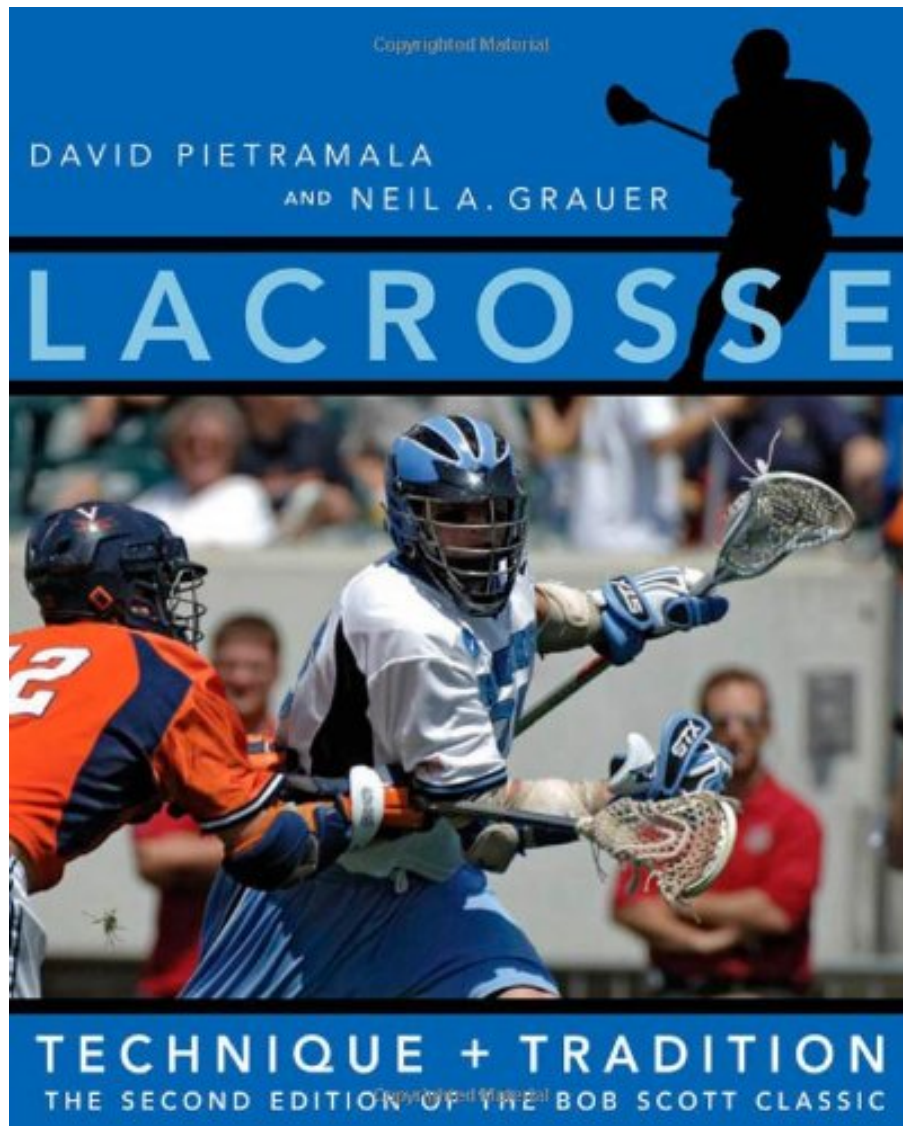


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(Maryland Magazine)

The ultimate how-to guide.

(Baltimore Sun)

About the Author

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In this long-awaited updated edition, Coach Dave Pietramala, whose Blue Jays won the 2007 and 2005 NCAA men's lacrosse championships, and Neil Grauer, a Hopkins graduate and veteran writer on lacrosse, among other subjects, have reworked every chapter, modernizing sections on rules, equipment, preparation, and tactics. They revisit topics such as drills and skills for specific positions, game strategy, clearing tactics, and the history of the game itself?including a section on the Johns Hopkins contributions to lacrosse. New diagrams and images help to clarify concepts and instructions in the text. Action and instructional photos by Hopkins photographer James Van Rensselaer capture some of the drama from the 2005 championship year and accompany the teaching chapters.

Like the Bob Scott book on which it builds, this edition will soon become familiar to every serious student of the sport.

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- Dimensions: 10.00" h x .90" w x 8.00" l, 2.12 pounds
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A wonderful update to Bob Scott's original

By Motomachi

Coach Pietramala really brought the original text into the 21st century, and has updated it to reflect the current state of play. His coverage of both individual offense/defense is second to none, and his knowledge and love of the game is readily apparent. He gives a lot of great insights into coaching by highlighting the strengths and weaknesses of his individual players past and present, and explaining how they capitalized on their strengths and compensated for their weakness was extremely helpful for me as a new coach.

If you are serious about increasing your lacrosse IQ and upping your game, either as a coach or player, then you absolutely need to have this book in your hands to read over the summer, and then on your bookshelf to refer back to when needed. The coach has poured his heart into creating it, and we can all benefit from the effort that he has put into the text.

I loved reading about the Hopkins tradition at the end of the book, and wish Coach Pietramala and the Hopkins program continued success.

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I have to boys 11 and 13 that love this sport. I grew up with football, baseball and basketball and had no idea what lacrosse was. I happened to meet a pro coach at a tournament and asked him how he learned the game. His answerer was "Bob Scotts Book" - I ordered it on my iphone on the spot. This book has it all.

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This book doesn't just describe plays and strategies but goes in to how to better develop an athlete and make him or her a better lacrosse player. Drills, play, and how to play as a team are covered but it also gives ideas on how to become a better coach as well as being a stronger, more intelligent player.

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