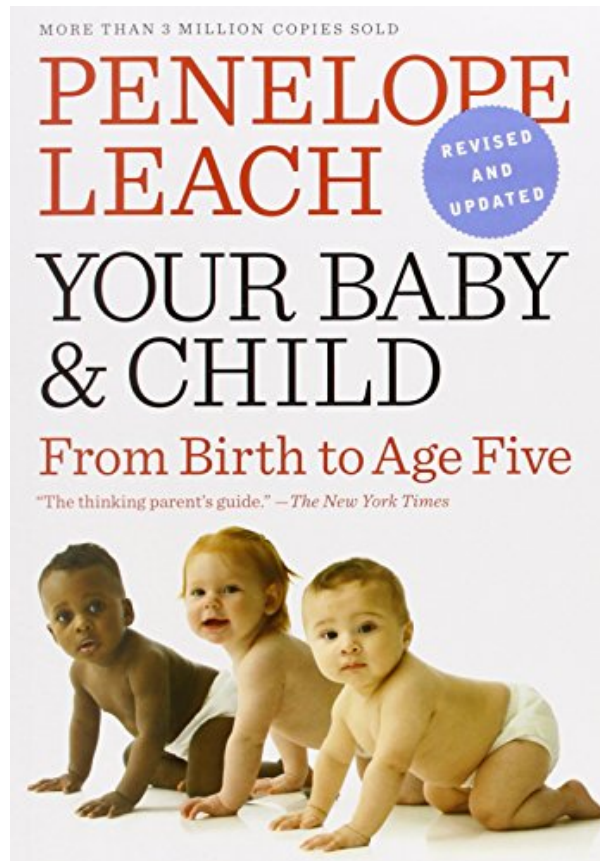


YOUR BABY AND CHILD: FROM BIRTH TO AGE FIVE BY PENELOPE LEACH



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YOUR BABY & CHILD

From Birth to Age Five

"The thinking parent's guide." — *The New York Times*



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About the Author

Penelope Leach, educated at Cambridge University and at the London School of Economics, is a Fellow of the British Psychological Society and a founding member of the U.K. branch of the World Association for Infant Mental Health. She works on both sides of the Atlantic for organizations concerned with prenatal care and birth, family-friendly working practices, child care, and early-years education. She lives in Lewes, England.

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A web-exclusive guide for parents written by Penelope Leach, Ph.D.

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There's no such thing as too early, either. If you wait until pre-school to start reading to your children, you'll have missed out on years. If you even wait until they can talk, you'll have missed out on months. Start showing your baby pictures and telling her about them as soon as she focuses her eyes on the pattern on your sweater or the change-mat.

"Reading" to tiny babies is a way of talking to them; and talking not only speeds brain development, but cements relationships as well. Make sure that anyone who ever cares for your baby takes reading to her for granted."Reading" to older babies is a way of expanding their experience. You can't always find a real cat or truck or fried egg to tell him about, but you can always find their pictures in books. And linking the sight of things with the sounds of their names boosts language learning.

Reading to toddlers is education and loving and talking and fun. It's about language itself and discovering the joys of jokes and rhymes and huge long words that roll round the tongue and trip it up. It's about learning to "read" pictures to find the meanings of words or the answers to questions hiding behind those thrilling pull-tabs: where's the kitten gone? There he is...And eventually it's about the sheer, entrancing magic of stories

unfolding between the pictures and the voice; playing to a dawning imagination, a fledgling ability to put herself in someone else's place.

And reading to pre-schoolers is all that, plus a welcome to our culture where everything--even on the information highway--revolves around the written word. Pictures on the page are his introduction to print; being read to helps him toward written language, now, just as it helped him toward spoken language two years ago.

Once your kids are hooked on being read to, they will never be bored if somebody will read, and since there are bound to be times when nobody will read and they are bored, they'll have the best possible reason to learn to read themselves.

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Book **Your Baby And Child: From Birth To Age Five By Penelope Leach** is one of the valuable well worth that will make you constantly rich. It will not imply as abundant as the money give you. When some people have lack to face the life, individuals with several e-books occasionally will be better in doing the life. Why should be e-book Your Baby And Child: From Birth To Age Five By Penelope Leach It is in fact not implied that publication Your Baby And Child: From Birth To Age Five By Penelope Leach will certainly offer you power to reach everything. Guide is to check out and also what we meant is guide that is checked out. You could additionally view exactly how the publication qualifies Your Baby And Child: From Birth To Age Five By Penelope Leach as well as varieties of book collections are giving right here.

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This newest edition of Penelope Leach's much-loved, trusted, and comprehensive classic—an international best seller for twenty-five years, with nearly two million copies sold in America alone—encompasses the latest research and thinking on child development and learning, and reflects the realities of today's changing lifestyles.

In her authoritative and practical style, Leach responds fully to parents' every concern about the psychological, emotional, and physical well-being of their children. She describes, in easy-to-follow stages from birth through starting school, how children develop: what they are doing, experiencing, and feeling. And she tackles both the questions parents often ask—What does a new baby's wakefulness or a toddler's tantrum mean?—and those that are more difficult: How should new parents time their return to work, choose day care, tell a child about a new baby or an impending divorce?

Whatever the concern or question, *Your Baby and Child* supplies the information, encouragement, and reassurance every parent-to-be or new parent needs.

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Most helpful customer reviews

30 of 32 people found the following review helpful.

Don't worry, you're going to be fine.

By John Reilly

I'm jumping in waaay late on this one, as my sons are in college now, but this book, and this lady, are wonderful. I was a stay at home dad (even though I bartended at night) back when there weren't many dads doing the child care thing. Penelope was an invaluable resource to me, as I didn't have lots of other parents to go to- when you're the only male in the bunch, you can hang out with the moms some, but TOO much seems creepy. So Penelope, T. Barry Brazleton, and a book called "It Worked For Us" (which is awesome, because it lists specific problems and then gives multiple solutions from real parents) were a HUGE help for me. I'd also be willing to bet that she has videos on YouTube. I would advise you to check them out as well. It's the hardest thing you'll ever do, but the most rewarding. And I swear, when that part of your life is past, you'll miss it. I know I do, occasionally. Whether this is some form of masochism or Stockholm Syndrome is up for debate, but I'd never trade my days with my sons when they were small, and the world was ours.

21 of 23 people found the following review helpful.

Missing Manual for Your Baby

By Emre Sevinc

When I heard that I'd be a father for the first time in my life, I had mixed feelings and started to ask myself a lot of questions. One of the questions I still ask myself is very simple: The baby arrived home safely and then what? In other words, where's the documentation for the most complex entity that I'll interact for a long time? I guess it is natural to ask this kind of question because I'm a professional software developer and having been involved with computers for the last 20 years I'm used to reading some detailed documentation before and during my interaction with things that I'm not familiar with. And I'm definitely not familiar with raising a baby (having a younger brother does not count, that was about 30 years ago and I don't remember much about the basics).

When I mentioned this to Chris Stephenson, former head of computer science department of Istanbul Bilgi University whom I had the privilege to work with and the experienced father of a wonderful child, he said that there was one book which he gave as a gift to every young parent expecting a child. Based on his advice I decided to buy and read "Your Baby and Child". And I'm very glad that I did.

Some of you may think it is a little bit too early to comment on the book; yes I'm still an expecting father, our baby is yet to come but after reading this book I feel much less scared and more confident. It full of so much practical information that I do not feel the need to go out and look for another book on this topic. The structure of the book is very straightforward, it is mainly organized by the age of the baby and then by the most important topics such as "feeding and growing", "everyday care", "excreting", "sleeping", "crying and comforting" and others such as "talking" which appear under the relevant age section.

At 560 pages it may seem a little intimidating or superfluous but the style of the author is very clear and almost every sentence contains nuggets of important information. Compared to some other books on parenting this book does not try to comfort you with endless humour, but just like a firm, caring parent it tries to be your guide in this journey. It also includes short reactions and thoughts of parents who faced different situations. The book comments on these, too, which I also found very informative.

I have no doubt that I'm going to keep it very close to our baby's bed. Some people may think that parenting naturally come to them, just like breathing, and there's no need to panick but having learned that even breathing can be studied I prefer to have a handy guide when it comes to interacting with my baby.

6 of 6 people found the following review helpful.

insightful and userfriendly

By Clover

Reassuring, non-preaching, with a warm tone, this book is the go-to-resource in the middle of the night, when there's not another parent you can ask, or when you're thinking about questions to ask the pediatrician in the morning.

A book so thoughtful that you'll find answers even after several years of parenting.

It is written in a very appealing and easy form.

I was given it as a gift, and have bought it many times for others. This is the book that I most often give to new parents (followed by "Unconditional Parenting" by Alfie Kohn.)

See all 106 customer reviews...

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